

INES YOSHIE NAKASHIMA

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EDUCATION

UNISA – Universidade de Santo Amaro

Physical Therapy

2000

Thesis: Incidence of injury: jiu-jitsu x judo

USP – Universidade de São Paulo

Post Graduation (specialization) in Exercise`s Physiology

2001-2001

COMPLIMENTARY EDUCATION

Dry Needling Seminar (Workload: 40h)
Hands On Seminars, HOS, USA.

2013

Mastery Certification in Manual Therapy. (Workload:120h).
Hands On Seminars, HOS, USA.

2006 - 2007

Manual Therapy (Workload: 450h).
Escola de Terapia Manual, ETM, Brasil.

2001 - 2001

Postural Reeducation (Workload: 192h)
Universidade de Santo Amaro, UNISA, Brasil.

2001 - 2001

Posturology
Bernard Bricot, BRICOT, Brasil.

1998 - 1999

Quiropraxia. (Workload: 1540h).
Instituto Brasileiro de Quiropraxia, IBRAQUI, Brasil.

1996 - 1997

Quiropatia. (Workload: 400h).

Instituto Brasileiro de Quiropraxia, IBRAQUI, Brasil.

1996 - 1996

Skills with People (Workload: 10h).

Universidade de Santo Amaro, UNISA, Brasil.

1996 - 1996

Sports Physical Therapy.

Brazilian Congress of Physical Therapy, COBRAAF, Brasil.

1996 - 1996

Therapeutic Pool for Neurologic Patients

Brazilian Congresso of Physical Therapy, COBRAAF, Brasil.

Physical Therapy Updating

General Hospital of Vila Nova Cachoeirinha, HGVNC, Brasil.

TITLES

Specialist in Chiropractic recognized by COFFITO – Conselho Federal de Fisioterapia e Terapia Ocupacional

MCMT – Mastery Certification in Manual Therapy

EXPERIENCE RELATED TO EDUCATION

BMS EDUCACIONAL

Author of the education program and Instructor of the “Quiropraxia Summit” Seminar – 2014 – present.

FCV – FACULDADE CIDADE VERDE

Co-Author of the education program and Instructor of the Post Graduation Program “Specialization) in “Quiropraxia” – 2014.

HANDS-ON SEMINARS, INC.

Co-Author of the education program and Instructor of the CAMT – Certification in Advanced Manipulative Therapy –

2011 – 2013, in New York - USA, Washington - USA, Texas – USA, Ohio – USA, Ankara – Turkey.

UNAERP – UNIVERSIDADE DE RIBEIRÃO PRETO

Author of the education program and Adjunt Coordinator of the Post Graduation Program (Specialization) in “Quiropraxia for Physical Therapists” – 2007 – 2009, in São Paulo/SP and Porto Alegre/RS.

INSTITUTO PHYSION DE ENSINO EM SAÚDE

Instructor of the “Clinical Quiropraxia for Physical Therapists” – 2004 – 2014.

XIX COBRAE – Brazilian Congress of Physical Therapy (Florianópolis – Brazil)

Panelist – “Quiropraxia – Assessment and Treatment of Disc Herniation” – 2011.

II – INTERCOBRAE – Brazilian Congress Of Physical Therapy (Curitiba – Brazil)

Panelist – “Quiropraxia” – 2008.

UNIFESP – Universidade Federal de São Paulo

Post Graduation Program (Specialization) for Women`s Health
Physical Therapy

Instructor of the discipline “Manual Therapy on Pregnancy. 2009.

UNIBAN – Universidade Bandeirantes

IV Journey of Physical Therapy

Panelist- “Quiropraxia”- 2006.

CBES – Colégio Brasileiro de Estudos Sistêmicos

Specialization Post Graduation Program in Osteopathy

Instructor – “Fundamentals of Chiropractic applied to Osteopathy” – 2005.

UNISANTANNA – Universidade Santana

Instructor – “Quiropraxia for Physical Therapists Seminar” – 2005.

XVI COBRAE – Brazilian Congress of Physical Therapy (São Paulo – Brazil)

Panelist – “Quiropraxia on Science Tribunal” – 2005.

UNASP – Centro Universitário Adventista de São Paulo
V Symposium of Manual Therapy

Panelist – “Quiropraxia”- 2003.

FABAN – Faculdade Bandeirantes

Panelist – “Introduction to Quiropraxia” – 2003.

UNG – Universidade de Guarulhos
VI Study Week of Physical Therapy

Panelist- “Quiropraxia” – 2002

Faculdade Ítalo Brasileira

I SEFIB – 1st Week Study of Physical Therapy of the Italo Brasileira College

Panelist – “Quiropraxia” - 2002.

UNIFMU – Centro Universitário FMU

Panelist – “Quiropraxia” – 2002.

AWARDS

Hall of Fame of Physical Therapy – 2011.

CLINICAL EXPERIENCE

Physical Therapist Director of the BMS MOVE CLINIC – 2014 – present.

Physical Therapist Director of the Physion Clinic of Spine and Posture Reeducation – 2004 – 2014.

RESEARCH

Rosario, JL. Nakashima, I. Rizopoulos, K. Kostopoulos, D. Marques, AP. *Improving posture: Comparing Segmental Stretch and Muscular Chains Therapy. Clinical Chiropractic (2012) 15, 121–128*

Souza, JMC. Faim, FM. Nakashima, I. Altruda, C. Medeiros, WM. Silva, LR. Lesões no Karate Shotokan e no Jiu-Jitsu – Trauma Direto Versus Indireto. *Rev Bras Med Esporte – Vol. 17, No 2 – Mar/Abr, 2011*

LANGUAGES

Portuguese – native language
English – speak, read and write

ASSOCIATIONS

Founder and first President of the ABRAFIQ – Associação Brasileira de Fisioterapeutas Quiropraxistas
Founder of the ABTM – Associação Brasileira de Terapia Manual
Member of the AFB – Associação de Fisioterapeutas do Brasil