



**2nd INTERNATIONAL SPORTS
REHABILITATION MEETING**

MUSCLE & TENDON

SPORTS INJURIES MANAGEMENT

WORKSHOP A

DOMENICA 6 APRILE - 14.15-17.15

Opar David (AUS) & Hickey Jack (IRE)

**Progressive exercise
rehabilitation following
hamstring injury**

sponsored by SPACEWHEEL

5-6 | APRILE | 2025

Innovation Campus Milano



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WORKSHOP C

DOMENICA 6 APRILE - 14.15-17.15

Bramah Chris (UK)

**Managing the complex calf:
rehabilitation best practice for
return to sport and performance**

sponsored by

FootBalance
www.footbalanceitalia.it



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