



CURRICULUM VITAE Jessica Smith-Blockley



Jessica received her Doctorate in Physical Therapy from the University of Puget Sound in 2007. She graduated from Dartmouth College in 2003 with a BA in Psychology, where she also competed in Nordic skiing. She received her OCS in 2009, became a COMT in 2012, and graduated from NAIOMT's Fellowship program in 2015 to earn her FAAOMPT. She has been a CFI since 2015, and a Faculty Instructor since 2019.

Jessica owns a private practice in Bend, Oregon. Previously, she worked with Therapeutic Associates at various locations in Idaho and Oregon, where she was also a member of the Education department, serving as the Regional Director of the Supervised Clinical Mentorship Program in the greater Portland metro area for 3 years, as well as providing clinical mentorship to residency and fellowship students. She has particular interest in treating patients with complex spine issues, as well as endurance athletes and the aging athlete.

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