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Via Ippolito Nievo, 10 – 01100 Viterbo (VT) - P.IVA e cod. fisc. 02081140564
Iscritta al registro delle imprese di Viterbo al n° 02081140564 – REA: VT151241
Capitale sociale i.v. Euro 10.000,00 – www.phisiovit.it – info@phisiovit.it



Angela Gordon, PT, DSc, MPT, FAAOMPT, COMT, ATC, OCS, FMS

Co-Owner Advanced Kinetics Physical Therapy and Sports Performance

Former Lead Physical Therapist Washington Nationals Baseball Team

Fellow of the American Academy of Orthopedic Manual Physical Therapists (FAAOMPT) 2018

Certified Orthopedic Manual Therapist (NAIOMT) 2012

Board Certified Orthopedic Clinical Specialist (ABPTS)

Certified Athletic Trainer 2014

Angela T. Gordon PT, DSc, MPT, COMT, ATC, OCS, FMS has more than 15 years of clinical experience in orthopedic and sports physical therapy. She earned her Masters of Physical Therapy from Andrews University in Dayton, Ohio 2002, and her Doctorate of Science from Andrews University in Berrin Springs, Michigan 2012. Dr. Gordon earned her orthopedic manual therapist certification through NAIOMT in 2012 and is a certified athletic trainer. In 2012 Dr. Gordon received her dry needling specialist certification and in 2014 became Board Certified Orthopedic Clinical Specialist from the American Physical Therapy Association.

In April 2013 Dr. Gordon became a published author for an article in the IJSPT: Relationships between core strength, hip external rotator muscle strength, and star excursion balance test performance in female lacrosse players. Dr. Gordon's published a book chapter "Physical Therapy considerations Following Regenerative Medicine Interventions" in September 2017 in the textbook Regenerative Treatments in Sports and Orthopedic Medicine. In February 2018, Dr. Gordon earned her fellowship from NAIOMT.

Dr. Gordon has served as the lead physical therapist for the Washington Nationals Baseball in 2005 and from 2010-2015. She works extensively with numerous professional and semi professional athletes from Major League Baseball,

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PGA, Canadian Football League, and European basketball players. She also works closely with many high school and collegiate overhead throwers and female athletes.

Dr. Gordon is guest faculty with NAIOMT, teaching a specialty course for rehabilitation of overhead athletes and she has been invited to speak at several annual sports medicine conferences across the country.

Dr. Gordon is the owner and creator of F.A.S.T.™ (Female Athlete Sports Training program) and is the director and coordinator for Bishop Ireton high school injury prevention programs. In 2016 Dr. Gordon co-founded a physical therapy private practice geared towards orthopedics, sports medicine and injury prevention. Advanced Kinetics Physical Therapy and Sports Performance is a highly specialized physical therapy practice dedicated helping athletes and patients restore optimal function.

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