

PERSONAL INFORMATION

MANUELA LALU



📍 Str. Muzeului, 7, Oradea (Romania)

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Sex Female

Date of birth May 9, 1984

Nationality Romanian

WORK EXPERIENCE

October 2016 - Present

Physioterapist

- Postural analysis and biomechanical evaluation
- Examination and rehabilitation of temporomandibular joints disorders
- Manual Therapy for cranio-cervico-mandibular dysfunction
- Evaluation of Positional Plagiocephaly

Linea Medica
Oradea, Romania

June 2010 – October 2016

Physioterapist

- collaborating with Pelican Hospital and Orthodontic Centre Cluj (Romania)
- Main activities and responsibilities: - Evaluation of functional mobility and posture
 - Postural analysis - Applying treatments
 - Prescribing and applying orthotics, functional prosthesis

June 2009 – June 2010

Physioterapist

Baile Felix Rehabilitation Hospital (Bihor, Romania)

June 2018 – Present

Founder of SRSATM

Romanian Society for the Study of the Temporomandibular joint

October 2018 – Present

Speaker at the hands-on course “Temporomandibular Disorders” hold by Dr Valerio Palmerini - Warsaw, Poland

December 2017

Speaker at TMJ Anatomy Course, Centre du Don des Corps, Ecole de Médecine - Université Paris Descartes

April 2019

Assistant at Craniomandibular Congress – Rome, Italy

EDUCATION AND TRAINING

2003 -2008

Bachelor in Physiotherapy, Medical field, diploma recognized by the Ministry of Health in Italy
University of Oradea, Faculty of Medicine and Pharmacology
Piata 1 Decembrie 10 Oradea (Romania)

2017 - Present

PhD student

Doctoral School of Biomedical Sciences, University of Oradea, Romania

November 2012 – Course "The biomechanics of the lower limb and treatment methods for the foot" held by John Veto (a chiropodist specialist), within the Euro-regional conference "Modern technologies in Orthopedy and Traumatology"; organized by Fast Therapy, Fast Fizio School, Vasyli Medical and Foot Care Unlimited; November 03, 2012, Hotel Timișoara in Timișoara.

November 2012 – The Symposium "Keeping Diabetes under control", organized by the Romanian Federation of Diabetes, Nutrition and Metabolic Diseases. November 10, 2012, Hotel Ramada in Oradea.

January 2013 – Course "Taping – the MOTUS therapeutical technique" organized by Performtex, Fast Therapy and Fast Fizio School, held by the physiotherapist Iva Hnatova; certificate of participation released by Spinal Publications (Italy), National University of Health Sciences (USA) and Fast Fizio School (Romania); January 26 – 27, 2013, Fast Therapy in Timișoara.

April 2013 – Workshop "Hands-on Kinesio-Taping with DARCO Elastic Tape", held by the Physiotherapist Christoph Stumpf – specialized in manual medicine, osteopathy and kinesio taping; April 12 – 13, 2013, Hotel Sunny Hill in Cluj Napoca.

May 2013 – Symposium „The Biomacanics of the foot”, organized by Fast Therapy & Fast Fizio School from Timișoara, held by Mr. Darren Alger and Mr. Barry Wright – representatives of Vasyli Medical (UK, Europe, Middle East, Africa); May 21 – 22, 2013, Fast Therapy & Fast Fizio School in Timișoara.

June 2013 – Course "Lower limb biomechanics and methods of treatment using thermoformable orthotics", held by Dr. Ing. Daniel Petcu, organized by Fast Therapy, Fast Fizio School and Vasyli Medical; June 15, 2013, Hotel Melody in Oradea.

November 2013 – The conference "Actualities regarding the approach of the patient with the diabetic foot" / Course: "Clinical and Biomechanical evaluation of the diabetic foot – specific tests, preventive and therapeutical modern measures" organized by NEURODIAB and the College of Physicians – Bihor; November 13 – 14, 2013, Hotel Ramada in Oradea.

December 2013 – Course "POSTURE-OCCLUSION, DIAGNOSTIC", held by Prof. Dr. Giovanni Vanni, organized by the Orion Healthy Foundation in Timișoara; December 14, 2013, University of Medicine and Pharmacy of Timișoara.

June 2014 – Course "SPALLA: 2014 UPDATE", held by Dr. FT Andrea Foglia and Dr. FT Daniele Quadrini, organized by Edi Academy of Milano; June 28 – 29, 2014, Edi Academy in Milano.

December, 2014 – Course "DISFUNZIONI DEL SISTEMA DI MOVIMENTO DELLA COLONNA LOMBARE, secondo Shirley Sahrman", held by Dr. FT Rosanna Baroni, organized by New Master – Rome; December 13 – 14, 2014, New Master in Rome.

November 2015 – Course "Lower limb biomechanics and methods of treatment using thermoformable orthotics", held by Dr. Ing. Daniel Petcu, organized by Fast Therapy, Fast Fizio School and Vasyli Medical; November 28 – 28, 2013, Trade Center in Oradea.

December, 2015 – Course "Riabilitazione delle disfunzioni dell'A.T.M.", held by the Dr. FT Valerio Palmerini, organized by New Master – Rome; December 05 – 06, 2015, Rondò Hotel in Bari.

June, 2016 – Course "Riabilitazione delle disfunzioni dell'A.T.M.", held by the Dr. FT Valerio Palmerini, organized by New Master – Rome; June 25 – 26, 2016, Caravel Hotel in Rome.

December, 2016 – Course "Anatomia settoria dell'ATM", organized by the Sapienza University of Rome; December 1 – 3, 2016, Center des Don des Corps of the Ecole de Médecine Université Paris Descartes.

April, 2017 – Course "Il Cranio del Neonato", organized by Dr. Valerio Palmerini & Laboratorio Ortopedico Fisioterapico (LOFT) – Rome, held by Dr. FT Valerio Palmerini, Dr. Valerio Ramieri and Dr. Emiliano Zanier; April 22, 2017, LOFT in Rome.

May, 2017 – Course "L'influenza della Dinamica Cranio-Vertebrale nell'Occlusione Dentaria", held by Prof. Mariano Rocabado, organized by New Master – Rome; May 11 – 13, 2017, New Master in Rome.

February 2018 – Course "Influenza del sistema visivo nelle disfunzioni posturale e stomatognatiche" – Rome, held Dr. Luca Giannelli, 24-25 February 2018 organize by New Master

PERSONAL SKILLS

Mother tongue(s)
Romanian

| Other language(s) | UNDERSTANDING | | SPEAKING | | WRITING |
|-------------------|---------------|---------|--------------------|-------------------|---------|
| | Listening | Reading | Spoken interaction | Spoken production | |
| English | C2 | C2 | C2 | C2 | C1 |
| Italian | B1 | B1 | B1 | B1 | A1 |
| Francais | A2 | A2 | A2 | A2 | A2 |
| Spanish | A2 | A2 | A2 | A2 | A2 |

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
[Common European Framework of Reference for Languages](#)

Digital skills

| SELF-ASSESSMENT | | | | |
|------------------------|------------------|------------------|------------|-----------------|
| Information processing | Communication | Content creation | Safety | Problem solving |
| Basic user | Independent user | Basic user | Basic user | Basic user |

Levels: Basic user - Independent user - Proficient user
[Digital competences - Self-assessment grid](#)

Driving licence **B**

ADDITIONAL INFORMATION

- Publications
- Presentations
- Projects
- Conferences
- Seminars
- Honours and awards
- Memberships
- References
- Citations
- Courses
- Certifications

First author:

1. "The tension-type headache and the hemicrania" ("Cefaleea de tip tensional și hemicrania"), accepted for presentation at the "Mandibular dynamics – between function, comfort and balance" Symposium in Oradea (organizer).
2. "The examination of the patient with chronic headache – identifying the pathological pathways" ("Examinarea pacientului cu cefalee cronică, identificarea mecanismelor patologice"), accepted for presentation at the "Temporomandibular Disorders, Orofacial Pain and Tensional-type Headache", Course in Oradea, held by Dr. Valerio Palmerini (organizer).

Co-author:

1. "Tension-type headache, temporomandibular headache and occipital neuralgia due to sedentariness, anxiety and cranialvertebral instability: Case report – a multidisciplinary therapeutic approach", in press in The Annals of the University of Oradea.
2. "Chronic cervical pain and postural asymmetries, the importance of manual therapy for the C0-C3 equilibration", in press in The Annals of the University of Oradea.
3. "Mandibular biomechanics and skull position, adaptations of the postural system" ("Biomecanica mandibulară și poziția craniului, adaptări ale sistemului postural") accepted for presentation at the "Mandibular dynamics – between function, comfort and balance" Symposium in Oradea (organizer).
4. "The ideal position of the mandibular condyle. To what? When?" ("Poziția ideală a condilului mandibular. Față de ce? Când?"), accepted for presentation at the "Temporomandibular Disorders, Orofacial Pain and Tensional-type Headache", Course in Oradea, held by Dr. Valerio Palmerini (organizer).
5. "Headache, chronic cervical pain and the temporomandibular joint disorders in musicians" ("Cefaleea, durerea cervicală cronică și disfuncțiile articulației temporomandibulare la muzicieni") in progress in the project entitled Function and Harmony.